Friday, February 13th

12:30 pm
Welcome and Announcements
Kenneth Barnes MD, FACSM (Greensboro Orthopaedics/Elon University)

12:45 pm
Biomechanics and Common Injuries in the Overhead Athlete
Walter Taylor MD (Mayo Clinic Sports Medicine)

1:15 pm
Biomechanics and Common Injuries in the Kicking/Running Athlete
Sara Filmalter MD (Mayo Clinic Sports Medicine)

1:45 pm
Nutrition and Metabolism in Athletes
Jeffrey Bytomski DO (Duke Sports Medicine)

2:15 pm
Discussion

2:25 pm
Break

Fellow Case Presentations – Session #1

2:40 pm
Fellow Case #1

2:55 pm
Fellow Case #2

3:10 pm
Fellow Case #3

3:25 pm
Sideline Management, Part 1 - Common Fractures & Dislocations
Matthew Close DO (Greenville Hospital System)

3:55 pm
Sideline Management, Part 2 - Common HEENT Injuries
Ted Farrar MD (Morton Plant Mease Sports Medicine)

4:25 pm
Break

4:40 pm
Training Room, Part 1 - Infections and Rashes
William Dexter MD, FACSM (Maine Medical Sports Medicine)

5:10 pm
Training Room, Part 2 - Principals of Rehab/Bracing/Equipment
David Liddle MD (Vanderbilt Sports Medicine)

5:40 pm
Discussion

6:30-8:30 pm
Reception
Saturday, February 14th

7:30 am  Welcome and Announcements
Kenneth Barnes MD, FACSM (Greensboro Orthopaedics/Elon University)

7:45 am  Exercise Physiology Basics
Chad Asplund MD FACSM (Georgia Regents University Sports Medicine)

8:15 am  Principles of Conditioning and Training Techniques in Endurance Athletes
Katie Edenfield MD (University of Florida Sports Medicine)

8:45 am  Pain Management Options in the Competitive Athlete
Robert Hosey MD, FACSM (University of Kentucky Sports Medicine)

9:15 am  Discussion

9:25 am  Break

Fellow Case Presentations – Session #2

9:40 am  Fellow Case #4
9:55 am  Fellow Case #5
10:10 am Fellow Case #6

10:25 am  Medical Conditions and Sports Considerations in the Young Athlete
Andrew Gregory MD, FACSM (Vanderbilt Sports Medicine)

10:55 am  Medical Conditions and Sports Considerations in the Older Athlete
Ryan Draper DO (Cone Sports Medicine)

11:25 am  Overview of Tendinopathy in the Active Population
Kenneth Barnes MD, FACSM (Greensboro Orthopaedics/Elon University)

11:55 am  Discussion

12:05 am  Break

Fellow Case Presentations – Session #3

12:20 am  Fellow Case #7
12:35 am  Fellow Case #8
12:50 am  Fellow Case #9

1:05 pm  Voting for Best Case Presentation

1:10 pm  Closing Remarks

1:15 pm  Adjourn