

ANNOUNCEMENTS

REGISTRATION REMINDERS:

Go to <http://www.seacsm.org> and click the Annual Meeting button. Then click On-Line registration. Complete the form and submit. You then have the option to pay on-line using PayPal (\$3.00 fee) or send a check to complete your registration. If you are paying for multiple people or are using a card that does not correspond to the name of the registrant, please send a note to parksk@wssu.edu so we can reconcile the records.

Pre-registration forms that are mailed must be post-marked by **February 1, 2008**. After February 1, registration for professionals increases to \$75 and for students to \$45 and **should be brought** to the meeting. Please bring a **check** to pay for On-Site Registration as credit cards will not be accepted on-site. SEACSM membership must be current for 2008 or must be paid at registration. A limited number of luncheon tickets can be purchased Saturday morning (\$10 professionals, \$5 students). Hotel Registration is due by **January 20**. Packet pick-up and on-site registration will be located on the second floor in front of the Ballroom.

GRADUATE SCHOOL FAIR:

Those interested in having a table at the Graduate Student Fair on Friday afternoon to advertise graduate and professional programs should contact Dr. Kevin McCully, Dept of Kinesiology, UGA, 115 Ramsey, Athens, GA 30602; 706-542-1129; mccully@uga.edu. There is a charge of \$75 and an additional \$15 for electricity which should be paid prior to the meeting to SEACSM, Pegram Hall 115, WSSU, Winston-Salem, NC 27110. Please include a note indicating that it is payment for Grad Fair so as not to be confused with other payments. More information is available on our website at seacsm.org. Our federal tax ID is: 35-1771465.

WOMEN'S BREAKFAST:

Because of limited sponsorship funds, participants will need to pay for breakfast. This payment can be included in the registration check or paid at the registration table on Thursday afternoon. Candidates running for SEACSM offices will be guests and do not need to pay but will need to let the registration desk know on Thursday afternoon that you will attend.

SATURDAY LUNCHEON:

Please let the registration desk know if you change your mind after you have registered for lunch. The luncheon is rather expensive and we would like to only reserve enough places for those who plan to attend.

CONTINUING EDUCATION CREDITS:

CEC and CME-Category 1 hours are available for attendance at the scientific and clinical components of the meeting. Continuing Education Credit forms should be in your packet or can be picked up at the registration desk. The fee for ACSM members is \$10 and for non-members \$15. Please put your ACSM ID number on the form. Your form and check should be mailed to ACSM. You are asked to complete a program evaluation form which will be in your packet.

NATA EDUCATION CREDITS:

Forms for NATA credits will be available at the registration desk.

RECEIPTS:

Those who **pre-register will have a receipt in their packet**. Those who register at the meeting will receive the receipt at that time.

HOTEL INFORMATION is included in this packet.



<http://thewynfreyhotel.com/home.php>

1000 Riverchase Galleria, Birmingham, Alabama 35244
205.987.1600 | 800.996.3739 | 800.WYNFREY

- **Rate for SEACSM = \$120.00 Single or Double Occupancy; \$10 per person fee for more than 2 people.**
- **Plus applicable taxes, currently 14%**
- **Parking = charge for the garage but there is parking in the mall lots**
- **Make reservations by January 20, 2008**

Location

The Wynfrey Hotel is located in Birmingham, Alabama. It is directly attached to the Riverchase Galleria which boasts 250 famous name stores, 20 restaurants and 10 theaters. It is 15 minutes south of downtown Birmingham and 20 minutes from the Birmingham International Airport, and less than 10 minutes from Oak Mountain State Park, Hoover Metroplex, Pelham Civic Center, Robert Trent Jones Golf Trail and many other local attractions.



Visit the [Riverchase Galleria](http://www.riverchasegalleria.com/html/index20.asp) <http://www.riverchasegalleria.com/html/index20.asp> for a world-class shopping experience.

WHERE SOUTHERN HOSPITALITY AND EUROPEAN ELEGANCE MEET

From the sparkling French chandeliers to the polished Italian marble, the Wynfrey was designed with luxury in mind – a perfect blend of gracious Southern Hospitality and Continental opulence.

A “home away from home” for the sophisticated traveler, The Wynfrey is designed with all of your needs in mind. From the state-of-the-art, 32,000 square foot meeting space to our private keyed access floors, the Chancellor’s Club Level, our elegant accommodations and attentive services await you.

And when it is time to dine, we invite you to an exquisite dining experience in Shula’s Steakhouse, located in our lobby area. If it is casual dining that you prefer, then, the Chicory Grill is the eatery to visit. If you desire a cocktail, or just want to unwind and sip a glass of wine, then the casual atmosphere of Ivory’s lounge awaits you.

For all of this and so much more, The Wynfrey Hotel is ranked as one of the top 100 hotels in the 20th Century. The Wynfrey, where Southern elegance and the finest in guest services meet to create an extraordinary hotel experience.

Spa Japonika

Spa Japonika, an Aveda spa is located just outside The Wynfrey hotel as you enter the Riverchase Galleria. When you want to be pampered a sense of touch is good therapy and Spa Japonika offers an array of services.

Tel: 205-402-9579

Web: www.spajaponika.com

Transportation Services

The Wynfrey has a complete fleet of luxury vehicles available for hotel guests during their stay. Shuttle bus service to and from the Birmingham International Airport is complimentary for all hotel guests. This shuttle is a 15 passenger commercial shuttle bus equipped with a wheel chair accessible ramp. There is no charge for this service and the shuttle runs on a *scheduled* pick-up time. Advance reservations for the scheduled shuttle service are required.

Shopping

Welcome to the mall where everyone wants to shop! The Wynfrey Hotel is connected to the Riverchase Galleria, Alabama's largest enclosed Mall, and one of the state's most popular tourist attractions. With over 200 stores and restaurants it is anchored by five major department stores and is home to the world's longest skylight at some 200 feet.

The Patton Creek Shopping Center is an open air shopping center in the Birmingham suburb of Hoover. It opened in the summer of 2004 and is located right behind the Riverchase Galleria and within walking distance to The Wynfrey hotel. Some of the major establishments include Circuit City, World Market, Rooms To Go, Panera Bread, Dick's Sporting Goods a RAVE theater and more.

Health Club

The state of the art life fitness equipment is available 24 hours a day with key access and private showers.

IT Services

The Wynfrey Hotel offers everything a business traveler needs to stay connected.

- Audio/Visual Rental
- Business Center
- Wireless Internet Access
- Fax
- IP Phone Rental
- Wireless Device Rentals
- Printing

The Double Oak Trail at Oak Mountain State Park is BUMP's own built and maintained trail. Recognized as one of the premier trails in the Southeast, the approximately 17 mile length trail is mostly tight singletrack, with about five miles of the "loop" doubletrack, and about 600 feet of climbing. Oak Mountain State Park itself is a beautiful 10,000-acre facility with many sites for picnicking and a great lake with a beach for swimming and relaxing. Oak Mountain also contains several geo cache locations and information can be found at www.alacache.com.

About 17 miles, the trail (red blazes) is one loop made up of mostly singletrack but some fire/forest/paved roads. Ride either direction. The trails are varied and heavily ridden, and expect to see riders of all ages and abilities, as well as hikers, back-packers, kids, dogs, anywhere on the trail. Please note that bikes are only permitted off road on the red trail. Fines are available from any park ranger for being caught on any other trail with a bike (whether you are riding or not!).

More Biking Information:

<http://www.hooverchamber.org/bike.html>

<http://www.bump.org/trails/?trid=omsp>

